

4 Principles of UDL Lesson Planning

Firm Goals, But Flexible Means



We do not lower the goals for our learners. Instead we provide multiple ways for our learners to achieve those goals.

Variability is the Norm

When we acknowledge learner variability from the very beginning we support more of our learners.



Engage the Brain to Eliminate Barriers



We can predict and eliminate barriers when we engage all three networks in our learning experiences.

Promote Expert Learning

The best gift we could give our learners is empowerment to make choices about their own learning.

