

Eliminating Barriers For Threats and Distractions

Reflection Sheet

Strategy

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We can do this by...

Curriculum - Can we...

● Provide key information only

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● Provide visual/graphic organisers to present information over lots of words

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● Consider cognitive load

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● Provide consistent instructional routines

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● Provide a “getting ready” slide with resources learners require for the learning experience

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● Supply the steps learners will take through the learning experience

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● Provide choice in novel and predictable options in accessing information

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● Provide choice in novel and predictable options in assessment

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● Display anchor charts

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● Provide examples of what success will look like

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● Link new information to already known information

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Social /Emotional- Can we...

● Provide choice in independent and peer work

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● Provide positive reinforcement

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● Provide feedback

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● Provide strategies for when learner is stuck

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Temporal Environment - Can we...

● Provide consistent routines

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● Provide consistent processes for learning and organisation

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● Provide breaks for movement and processing

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● Present information in short, sharp sessions and provide more practise time

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Physical Environment - Can we...

● Provide an uncluttered learning space

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● Display visible timers

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● Display daily schedules

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● Display/provide checklists or steps for processes

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● Provide quiet spaces and talking spaces

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